

London Clinical Senate Forum

Thursday 30th May 2019

Improving Clinical Outcomes and Value for Money
Across Care Pathways

Agenda

At this Forum, system leaders, clinicians and patients heard and discussed what health and care outcomes and best value means from a clinician, finance director, patient, carer, public and integrated care perspective. Attendees had the opportunity to debate ideas on what delivering best value means and how a value based approach could be adopted systematically.

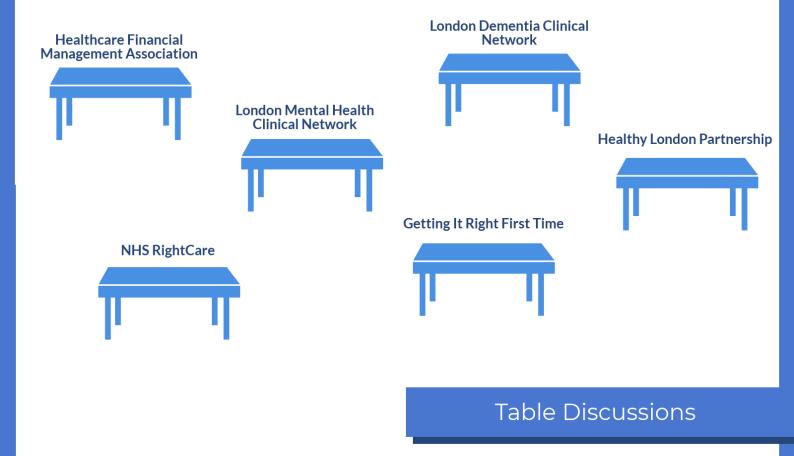
Session	1: Chaired by Dr Mike Gill	
09:00	Welcome	Dr Mike Gill - Interim Chair of London Clinical
		Senate Council
09:05	Setting the scene	Dr Vin Diwakar - Regional Medical Director,
		NHS England and NHS Improvement - London
09:10	Strategic direction	Sir David Sloman - Regional Director, NHS
	\$90.01	England and NHS Improvement - London
09:30	Lay person perspective	Richard Ballerand - London Clinical Senate
		Patient and Public Voice Group Member
		Jacqueline Sealey - London Clinical Senate
		Patient and Public Voice Group Member
09:50	What does value really mean in healthcare	Professor John Moxham - Director of Value
		Based Healthcare, King's Health Partners
10:10	Improving clinical outcomes - view from a	Duncan Orme - Operational Director of
	finance director	Finance at Nottingham General Hospital NHS
		Trust
10:30	Implementing value in a secondary care	Dr John Connolly - Director for Clinical
	setting	Pathways, Royal Free Hospital
Session	2: Chaired by Dr Mike Gill	
11:15	Good practice - implementing value based	Dr Gareth Roberts - Consultant Nephrologist
	healthcare in Wales	and Associate Medical Director, Aneurin Bevan
		University Health Board
11:45	Table discussions	
12:05	Panel discussion	Richard Ballerand, Jacqueline Sealey,
		Professor John Moxham, Duncan Orme, Dr
		John Connolly, Dr Gareth Roberts, Stuart Saw
12:25	Next steps	Dr Mike Gill - Interim Chair of London Clinical
		Senate Council

Speakers



Stalls

The Forum featured a marketplace with stalls for information sharing from:



Attendees discussed their thoughts in relation to the following questions:

What are you going to do to take things forward in your STPs and communities?





What will you do personally to take this agenda forward from today?



Panel Discussion

All the speakers, plus Stuart Saw (Director of Operational Finance, NHS England and NHS Improvement - London), discussed questions from the audience, including:



Surely health maintenance is inherently better value than reactive care. How can we use these methodologies in promoting health maintenance? The King's Health Partners Vital 5 programme, done in close collaboration with all components of the health and care system, addresses the major causes of disease. Smoking, hypertension, obesity and alcohol excess sit at the top of the burden of disease (BoD) for London. In terms of morbidity, depression and anxiety are high on the BoD. If we can support all people to better address their Vital 5 the health of London would be greatly improved. By addressing the Vital 5 in all people we would substantially reduce health inequalities. Thus the Vital 5 is indeed a strong programme of 'health maintenance'.

The Vital 5 includes mental health screening. Such is the importance of mental health that we must identify it wherever it occurs. We must establish and record the mental health state of everyone. In addition to addressing mental health issues in their own right it is not possible to look after any patient properly without an understanding of their mental health.

Regarding patients with severe mental illness, the diagnosis of poor mental health is clear; but such patients lose about 20 years of life, not due to their mental illness per se but because their physical health is appalling, usually due to smoking and/or obesity, hypertension or alcohol excess (i.e. 4 of the Vital 5).

Arguably mental health is a thread that influences all physical conditions and vice versa; why is it still seen as a separate issue to concentrate on?

Improving clinical outcomes for patients needs to include the workforce. How will you ensure frontline staff receive the key messages from today?

All the King's Health Partners (KHP) staff know, or will know, about the Vital 5. Indeed KHP are going to measure the Vital 5 in all staff. In this way we will improve staff health and make staff better informed to improve the health of the patients they care for.



The next London Clinical Senate Forum will be on Thursday 3rd October 2019 at 08:30-12:30